SCHOOLHOUSE GRILL
School Meal Specialist

Montessori Children's House of Loudoun

October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges All lunches served with age appropriate milk.	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Sweet Baby Peas ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing Veggie: Italian Ball Sub Fresh or Chilled Fruit
7	8	9	10	11
Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c; Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Hot Cooked Broccoli ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Korean BBQ Chicken 2 oz ea Whole Grain Rice ¼ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Korean BBQ Chik'n Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Whole Grain Breaded Chicken Tenders 3 ea Hot Cooked Carrots ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit
14	15	16	17	18
Indigenous Peoples' Day Columbus Day Holiday Schools Closed to Students	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Fresh Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Tossed Mixed Salad ¼ c w/ Ranch; Veggie: Veggie Balls w/ Potatoes Fresh or Chilled Fruit	"Breakfast For Lunch" Whole Grain Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit
21	22	23	24	25
Whole Grain Breaded Chicken Tenders 3 ea; California Blend Mixed Vegetables ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Rice Fruit or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Fresh Green Beans ¼ c Veggie: BYO Pizza Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Hot Cooked Carrots ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Whole Grain Breaded Chicken Patty on Whole Grain Bun 1 ea Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Morningstar Garden Burger on Bun; Fresh Fruit
28	29	30	31	
Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Sweet Yellow Corn ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Fresh Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider.