



Montessori Children's House of Loudoun

December 2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1									
Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened		Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal		THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS				Classic Cheesy Baked Ziti ½ c Fresh Green Beans ¼ c Veggie: Baked Ziti Fresh or Chilled Fruit	
4		5		6		7		8	
Baked Chicken Nuggets 4 ea California Mixed Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Rainbow Tortellini Pasta Blend w/ Marinara Sauce ½ c Cooked Carrot Coins ¼ c Veggie: Cheese Tortellini Pasta Blend Fresh or Chilled Fruit		"Chicken Fajita Rice Bowl" (Chicken Fajita 2 oz over Long Grain Rice ¼ c w/ Cheddar Cheese); Cucumber Slices 2 ea w/ Ranch Dip; Veggie: Bean Rice Bowl Fresh or Chilled Fruit		Italian Turkey Meatball 3 ea Sub Sweet Yellow Corn ¼ c Veggie: Veggie Italian Meatless Meatball Sub Fresh or Chilled Fruit		Italian Spaghetti w/ Bologese Sauce ½ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Spaghetti w/ Marinara Fresh or Chilled Fruit	
11		12		13		14		15	
Classic Cheesy Baked Ziti ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit		Breaded Chicken Patty on Bun Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie BOCA Patty on Bun Fresh or Chilled Fruit		"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit		Creamy Fettuccine Alfredo ½ c Cooked Sweet Baby Peas ¼ c Veggie: Fettuccine Alfredo Fresh or Chilled Fruit		Chicken & Cheddar Cheese Quesadilla 1 ea Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Cheese Quesadilla Fresh or Chilled Fruit	
18		19		20		21		22	
Baked Chicken Fingers 3 ea Fresh Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Creamy Mac & Cheese ½ c California Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit		Hawaiian Turkey Meatballs 3 ea over Enriched Long Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Meatballs Fresh or Chilled Fruit		Winter Break  No School		Winter Break  No School	
25		26		27		28		29	
Winter Break  No School		Winter Break  No School		Winter Break  No School		Winter Break  No School		Winter Break  No School	