



Montessori Children's House of Loudoun

June 2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1		2	
Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal		Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened		THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS		Baked Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Breaded Chicken Patty on Bun Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Chik Patty on Bun Fresh or Chilled Fruit	
5		6		7		8		9	
Rainbow Cheese Tortellini Pasta Blend w/ Olive Oil Kale Basil Pesto ½ c Fresh Green Beans ¼ c Veggie: Cheese Tortellini Pasta Blend Fresh or Chilled Fruit		Baked Chicken Fingers 3 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Chicken Patty w/ Gravy & Creamy Mashed Potatoes ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie Chik Patty Fresh or Chilled Fruit		Four Cheese Ravioli 4 ea w/ Marinara Sauce Fresh Cucumber Slices ¼ c w/ Creamy Ranch Dip Veggie: Cheese Ravioli Fresh or Chilled Fruit		Slow Roasted Turkey & Cheese Sub 1 ea Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Double Cheese Sub Fresh or Chilled Fruit	
12		13		14		15		16	
Chicken Fajita 2 oz over Enriched Long Grain Rice ¼ c w/ Shredded Cheddar Cheese Fresh Cucumber Slices 2 ea w/ Ranch Dip; Veggie: Bean Rice Bowl; Fresh or Chilled Fruit		Creamy Mac & Cheese ½ c Sweet Yellow Corn ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit		"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit		Classic Cheesy Baked Ziti ½ c Fresh Green Beans ¼ c Veggie: Classic Cheesy Baked Ziti Fresh or Chilled Fruit		MCHL Staff Day Open for Infants Only	
19		20		21		22		23	
Baked Chicken Nuggets 4 ea Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Breaded Chicken Patty on Bun Sweet Yellow Corn ¼ c Veggie: Veggie BOCA Patty on Bun Fresh or Chilled Fruit		Hawaiian Turkey Meatballs 3 ea over Enriched Long Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Meatballs Fresh or Chilled Fruit		Fettuccine Alfredo ½ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Fettuccine Alfredo Fresh or Chilled Fruit		Italian Turkey Meatball 3 ea Sub Five-Way Hot Mixed Vegetables ¼ c Veggie: Veggie Italian Meatball Sub Fresh or Chilled Fruit	
26		27		28		29		30	
Baked Chicken Nuggets 4 ea Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		Creamy Mac & Cheese ½ c Fresh Green Beans ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit		"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit		Home-Style Turkey Meatballs 3 ea over Enriched Long Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Meatballs Fresh or Chilled Fruit		Enriched Spaghetti w/ Marinara Sauce ½ c Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Spaghetti w/ Marinara Fresh or Chilled Fruit	